

WEEK 1 : FREEDOM OF ADVENT



FREE TO WORSHIP FULLY



FREE TO SPEND LESS



FREE TO GIVE MORE



FREE TO LOVE ALL

This Christmas, we invite you to think about what being free in Christ means; to be free to encounter Jesus with your heart, mind and soul. We invite you to lay down any burdens you might feel or the anxiousness that sometimes comes with celebrating the holidays, in exchange for the freedom to abide in Christ and celebrate His birth in a new way. This first week is an overview, with the following weeks focusing on each of the above topics.

SCRIPTURE:

“The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering sight to the blind, to set at liberty those who are oppressed.” — Luke 4:18

“So, if the Son sets you free, you will be free indeed”.

— John 8:36

PRAYER

Dear Jesus, Thank you for loving us and taking care of our worries, so that we can live free in you, free to not be anxious, free to rest in your love and care. Help us to learn more about this during Advent. Amen

CONVERSATION STARTERS

- What’s something you are looking forward to this Christmas?
- What are some things you worry about?
- What do you think freedom in Christ means?
- Describe Jesus in three words.
- What is one thing we can pray for this week?
- How can you worship Jesus fully this week?

FAMILY ACTIVITIES

Calendar: Put on some Christmas music, then sit down as a family to place on the calendar (included in this kit) when you will have family Advent time. You might do everything on one evening, on a Saturday morning, Sunday afternoon or spread the activities throughout the week. You might read the Scriptures just at dinner or breakfast or place the Scripture cards (included in this kit) somewhere easy to read each day.

Scripture Cards: Use the included Scripture cards to take turns reading one each day, then place on your refrigerator, tree or on a string to display as you get closer to Christmas Day.

Worship Music: Each day or each week throughout Advent, use the music playlists (in the Appendix) to give God praise and thank Him for giving us the ultimate gift of His son.

