



3Group Discussion Resources

For the week of October 5, 2020

3Groups are centered around three main rhythms of apprenticeship from which we take our **CUE**. Allow plenty of time to share life with one another through conversation and catching up from the previous week. Listen to each person and hear how they have experienced victory and where they feel defeated. Use the questions below to help facilitate your discussion.

Courageous vulnerability

Meekness has been defined as strength under control. Meekness is being willing to stop insisting on our rights, to quit demanding that I am number one and trust God's faithfulness in the relationships and challenges of life. Meekness is not something toward which we naturally gravitate. Let's take some time to be honest about both our understanding of and struggle with meekness. Take a moment and have each person answer one of the following questions.

- The biggest question I have about meekness is...
- The area where I most want to resist being meek is...
- I find it difficult to practice meekness because...

Understanding and applying God's Word

Read Matthew 5:5 as a group. Take some time to answer the following questions.

- Where is Jesus inviting us to see ourselves and others in a new way?
- What do these realities reveal about God's heart for us?
- Where do I most want to resist what Jesus is saying in this passage?
- What do I find in Jesus' words most difficult to believe?
- What would it look like to align my life with Jesus' perspective in a given situation?

Experiences that encourage us to live as apprentices of Jesus

Perhaps meekness is really about confronting and being willing to surrender to God the expectations



and demands that we place on others. Using the following page, allow God to reveal some of these areas of expectations and

demands. Honestly acknowledge them in your life. You will see a statement at the top of the page, “I deserve...” Can you acknowledge those expectations and invite Jesus to show you what meekness would look like in those areas? Take time to share at least one of these areas with the group.

Practicing Biblical Meekness

I deserve...	Meekness looks like...
From God...	
From family and friends...	
From myself...	
From others...	