



## 3Group Discussion Resources

For the week of September 28-October 4, 2020

3Groups are centered around three main rhythms of apprenticeship from which we take our **CUE**. Allow plenty of time to share life with one another through conversation and catching up from the previous week. Listen to each person and hear how they have experienced victory and where they feel defeated. Use the questions below to help facilitate your discussion.

### Courageous vulnerability

Mourning is all about giving our grief a voice. As followers of Jesus, one of the subtle narratives we can come to believe is that expressing our sadness and brokenness misses God's plan for us. The reality is that Jesus wept. He knew the pain of grief and mourning. Today, can we take the risk of venturing into those places in our lives? Have each person in the group answer one of the following.

- The thing that I have the hardest time mourning over is....
- The greatest loss I've ever faced is....
- I struggle with mourning in general because...

### Understanding and applying God's Word

Read Matthew 5:4 as a group. Take some time to answer the following questions.

- Where is Jesus inviting us to see ourselves and others in a new way?
- What do these realities reveal about God's heart for us?
- Where do I most want to resist what Jesus is saying in this passage?
- What do I find in Jesus' words most difficult to believe?
- What would it look like to align my life with Jesus' perspective in a given situation?

### Experiences that encourage us to live as apprentices of Jesus

Perhaps one of the best ways to experience mourning is to enter into the mourning of others. Have you ever thought that one of the things that defines who God is - is His willingness to mourn? Take



15 minutes and ask God to bring to mind a situation. It may be some act of injustice, the loss you mentioned above, the mourning

of a friend, etc. Ask Him to grant you the grace to mourn with Him. Allow Him to break your heart over the pain and suffering that comes as a part of the brokenness of this world. What do you experience? How does that help you to experience comfort? Take some time as a group to debrief.