

Pastor Ryan Doughty • June 15-16, 2019
Praying When You Hit Rock Bottom • Jonah 2:1-10

1. **Rock bottom prayers are anchored in remembering God's faithfulness.**

2. ²²*The steadfast love of the Lord never ceases; his mercies never come to an end; ²³they are new every morning; great is your faithfulness.* ²⁴*"The Lord is my portion," says my soul, "therefore I will hope in him."*

Lamentations 3:22-24 (ESV)

"I have learned to kiss the wave that slams me into to rock of ages." Charles Spurgeon

2. **Rock bottom prayers will call for obedience.**

"Our greatest fear should not be of failure but of succeeding at things in life that don't really matter."

Francis Chan

Rock bottom calls us to

- worshipful surrender
- faithfulness

Big Takeaway

In our rock bottom times, God's faithfulness invites us to respond by remembering His faithfulness and responding in obedience.